

PSHE KS4 Learning Journey



Top 3 tips for parents and carers during KS4

- ✓ PSHE education is a partnership between parents and schools.
- ✓ Discuss topics that have been covered in school.
- ✓ Ask questions about their day, their concerns, their hopes and aspirations.



Places to visit during KS4

The Science and Industry Museum, Manchester and the National Science and Media Museum, Bradford are places to learn more about the topics covered. The Sill: National Landscape Discovery Centre, Hexham, has a permanent exhibition where you can discover poetry, stories, music and interactive games.



Online learning during KS4

[Oak Academy](#)
[Life to the Full - Online Parent Portal](#)



Student development opportunities during KS4

Visits from the police and local health team on key issues in the local area happen at different points and other external speakers throughout the year.



Key assessment pieces during KS4

For each topic, students complete an MCQ assessment to monitor progress. There will also be regular opportunities for reflection on the topics covered.

Students will also have the opportunity to share their opinions on the programme each term.



Picture News

Each week students will spend one morning form time exploring a news item focusing on the British value, protected characteristic and right of the child impacted in this event.

Knowledge, skills and understanding

Autumn Term - Character - Developing Myself

This unit will focus on topics that will encourage students to develop themselves positively such as respect, integrity, resilience, compassion, rights and responsibilities and online gambling.

Year 10

Spring Term - Community - My Place at Thornleigh

This unit will consist of sessions provided by the year team based around the theme of community within their year group. There will be a number of opportunities for the students to participate in activities to make their mark on and improve the Thornleigh Community.

Year 10

Year 10

Spring Term - RSE - Myself and Others

In this unit students will mainly use the Catholic RSE programme Life to the Full. It includes topics such as authentic freedom, self image, beliefs, values and attitudes, parenthood, abuse, babies, safe sex or save sex?

Year 10

Summer Term - Citizenship - Me and the World

This unit will cover topics to demonstrate our position as individuals in the world. Topics will include critical thinking and fake news, exploring Britishness and British values, exploring human rights, peace, war and conflict.

Year 10

Summer Term - Well-Being - My Healthy Life

This topic will focus on issues which impact the possibility of a healthy life. Topics covered will include child Abuse CSE, screen time and safe use mobiles, common types of mental health, self-harm, suicide thoughts and feelings and ways to promote emotional well-being.

Year 11

Autumn Term - RSE - Myself and Others

In this unit students will mainly use the Catholic RSE programme Life to the Full. Topics will include self-worth, addiction, eating disorders, STI's, Coercive control, fertility and what impacts it, nudes and collector culture, navigating intimacy and romantic relationships.

Year 11

Spring Term - Well-Being - My Healthy Life

In this unit we will explore topics such as organ and blood donation, prostate cancer, cervical and ovarian cancer, parenthood, love and abuse, drugs, cosmetic surgery, online reputation and digital footprints, and alcohol and bad choices.

Spring Term - Character - Developing Myself

In this final unit, students will examine topics such as child-on-child bullying, time management, LGBT rights across the world, exam stress and relaxation, Insta life vs real life and healthy relationships.

Year 11